

New Residents

Please be sure and give our new neighbors a warm welcome! There are so many opportunities to meet your neighbors in the dining room and as you join in our daily activities.

We look forward to meeting you!



- #421 Mary Dalbotten
- #217 Terry Miller
- #216 Joan Bluhm
- #402 Gerry Johnson
- #309 Mike & Doris Fossen
- #219 Gerald Fricke
- #210 Don Thibault

Resident Ambassadors

- | | | | |
|------------------|----------------|------------------|--------------|
| Judy D.—#108 | Ginny L.—#312 | Sharon B.—#326 | Ken B.—#204 |
| Mary Lou S.—#214 | Bobbie W.—#406 | Avis Von E.—#414 | Fran K.—#208 |

Here at Nine Mile we have a group of residents dedicated to welcoming our new neighbors! Please don't hesitate to contact any one of them or our Life Enrichment Director, Lauren, if you have any questions about the community or our monthly calendar.

Resident Council

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|----------------|---------------|---------------|------------------|
| Judy D.—#108 | Pat H.—#111 | Ginny L.—#312 | Curt C.—#218 |
| Sharon B.—#326 | Janet S.—#426 | Pat W.—#422 | Mary Lou S.—#214 |

Do you know that we have an active Resident Council here at Nine Mile Creek? Do you have some concerns or questions about the community or things you would like to see changed or implemented? Let your voice be heard! Feel free to contact these residents listed above if you have something in mind. Resident Council is the second Monday of each month at 2:30pm.

Our Management Team



Luke L. Executive Director	Leanne O. Director of Health Services	Paul A. Maintenance Director	Tami F. Marketing Director	Charlie W. Culinary Director	Lauren M. Life Enrichment	Brigette P. Resident Services Coordinator
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April 2024 Newsletter

2301 VILLAGE LANE, BLOOMINGTON MN 55431

(952)-888-0731

A NOTE FROM OUR LIFE ENRICHMENT DIRECTOR

Quick Glance:

Piano with John: 4/3 & 4/17 @ 2:00

Book Club: Wednesday 4/10 @ 1:00

Happy Hour: Wednesday 4/10 @ 2:00
Guitar Music with Mary Hall

Town Hall Meeting: 4/23 @ 3:30

Happy Hour Wednesday 4/24 @ 2:00
Music from Summit Music

Birthday Party Friday 4/26 @ 2:30

Game Time:

Mondays: Crosswords @ 3:30

Cards "500" @ 6:00

Tuesdays: Mexican Train @ 10:30

Jeopardy @ 3:30

Bridge Club @ 6:00

Wednesdays: Penny Poker @ 3:30

(2nd & 4th Wednesdays)

Thursdays: Wii Bowling @ 2:30

Bingo @ 3:30 (2nd & 4th)

Fridays: L/R/C Dice Game @ 3:30

Saturdays: Rummikub @1:30

Would you like to join one of our current groups? Come and try it out, all are welcome!



April Greetings!

Believe it or not, April is here! We are looking forward to spending some time out in the gardens in May, be sure to keep an eye on the Daily Happenings in my absence for notes regarding our Garden Club and planting schedule. Our planting day will be in May!

Lunch outings this month include Snuffy's Malt Shop which is right down the street, Willy McCoy's for half price burgers, and Cowboy Jack's in Bloomington! Greg will also take the bus on a scenic drive to the Minnesota Landscape Arboretum. We will not be stopping for lunch on this month's trip to the Arboretum. Be sure you sign up for these events and meet in the lobby a few minutes prior so we don't miss you!

Also, be sure to stop by our Friday events in the Theatre on 4th floor, where we view videos and slide shows about different celebrities as well as travel destinations! You won't want to miss them!

See you soon!
Lauren Mielzarek
(952) 346-9574



Monthly Activities

Calendar Planning What's Happening? Meet us on the 1st Monday of the month at 10:30am. Bring your ideas, let us know what you would like to see on the calendar!

Chat with Chef is on the 2nd Wednesday of each month at 10:30. This is a great opportunity to share your comments with our Culinary Director. Please attend, your feedback matters!

Coffee Talk is the third Monday every month at 10:30. Let's get together and meet our neighbors! Coffee and treats will be served. This month we will meet in the Club Room!

Men's Group is on the fourth Monday of the month at 10:30 in the Club Room, join us for donut holes and casual conversation with the other men of Nine Mile Creek.

MacPhail Music: Our instructor Andrea will be here to lead us in "Unwrapping Music" which is part of Ebenezer's Lifelong Learning program. Join us in the Event Center on Tuesday April 2 for "Famous Women Composers of the Classical Era". Tuesday April 16 for "Music and Nature—how composers are inspired by the natural world."

Jeopardy in the Theatre is on most Tuesdays at 3:30, check the calendar for this fun trivia game. We play as one team, no pressure! Categories this month include Hair Styles, Brand Colors, Motor-ing Along, Novels by Characters, We Sing the Songs, Ivy League Schools, Musicals, Birds of a Feather, The Jacksons, Let it Rain, Dining In Europe and more!

Current Events with Luke is led by our Executive Director, fun and funny news stories are shared!

Town Hall is a monthly meeting where you can learn what's going on in your community. This month Town Hall is on Tuesday, April 23 at 3:30pm in the 2nd Floor Event Center.

Armchair Travel: Join us for this slide show of Scotland on April 5, at 2:00pm.

Celebrity of the Month: Learn more about Sean Connery, April 12 at 2:00pm.

Who Am I? Learn more about the history of Betty Crocker, April 19 at 2:00pm.

Armchair Travel: We will view a travel video to Key West Florida, April 30 at 3:30 in the Theatre.

Card Making: Have you been interested in making your very own greeting cards? Join us in the Event Center from 1:00 - 3:00pm for an "open crafting time." We have an assortment of card making materials here at Nine Mile Creek and would like to offer you the afternoon to make whatever your heart desires! We have blank white cards for you to use as your base, patterned paper, solid paper, ribbon and envelopes for you to use.

Upcoming Special Events

April 10 Happy Hour

Guitar Music with Mary Hall

Music from Berlin, Porter, & Mercer.



April 24 Happy Hour

Music provided by Summit Music

St. Patrick's Day Necklace Making



Resident Birthdays

April Birthdays!

Please join us on Friday, April 26 to celebrate all of our birthdays this month. Everyone is invited and encouraged to attend the party. We will share a song, cake from our very own kitchen, and good company.

4/2 Lois S. #424
4/6 Anita C. #304
4/9 Mary Lou S. #214
4/10 Vivian P. #419
4/14 Rose C. #325
4/28 FJ S. #124
4/28 Mary D. #421



Weekly Fitness Classes

We are proud to offer exercise classes 5 days a week! We encourage you to move at your own pace. All classes can be done while seated, standing if you prefer. Come try it out!

Monday/Wednesday/Fridays: Our certified instructor Kristine leads this class at 9:30 in the Event Center.

Tuesday/Thursdays: This is seated class using the large screen in the Theatre at 9:30am.

Fridays: Micki leads a Gentle Movement class at 1:00pm in our Event Center, focusing on stretching and meditation.



Spiritual and Religious Services

- **Bible Study & Coffee with Chaplain Craig:** Thursdays at 10:30am, all are welcome.
- **Catholic Communion:** Thursdays at 10:00am, led by volunteers from Nativity of Mary Church.
- **Church Service:** Non-denominational, Thursdays at 1:00pm with Chaplain Craig
- **Hymn Sing with Judy:** 3rd Monday of the month at 2:00pm.

A Message from Our Chaplain

Ask my five year old daughter what her favorite color is and she will either tell you “pink” or “rainbow.” Of course, just take a look in her closet or notice the outfits she regularly chooses and the answer seems pretty obvious. Leona loves rainbows. I do too! You won’t often see me in a rainbow outfit like you would Leona, but I appreciate whenever I can look up and behold that wondrous multi-colored band of light arcing across the sky.

In the old Hebrew stories of Noah, the rainbow is a sign of God’s covenant with all the earth. After the great flood, the Noah family and every living creature that entered the ark with them is given the rainbow as a reminder that God will never again destroy the earth. In a more practical sense, the rainbow is a sign that the storm is over and brighter times are ahead.

In a world still ravaged by storms both physical and metaphorical, amid war and political strife, the rainbow can help remind us that there’s always more to the story. Storms will come and go. They always have. They always will. But if we have the courage to keep looking up, there is also hope for the future.

April showers may bring May flowers, but they also bring rainbows! I’ll be watching for them. I hope you will too.

~ Chaplain Craig Simonsen



Marketing Notes

Find a Friend Promotion: We have current availability! If you refer a friend to live here, you both receive \$500 off on your next month’s rent! Please contact our Sales and Marketing Director, Tami Forsyth with questions.

April Holidays & Dates of Importance



April Fool’s Day is an annual custom on the first of April, consisting of practical jokes and hoaxes. Jokesters often expose their actions by shouting “April Fools!” at the recipient. Mass media can be involved with these pranks, which may be revealed as such the following day.

Earth Day: Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth’s natural resources for future generations. The first Earth Day was held April 22, 1970.



Arbor Day: Arbor Day is celebrated on the last Friday in April in the United States. It is marked by the planting of trees and emphasizes caring for them as a way to sustainably protect our planet’s natural resources. People often dedicate trees to loved ones.

Weekly Bus Shopping Outings

Fridays at 10:15am

Do you have questions about our shopping outings? We shop every week at the listed locations. You choose the store, we will drop you off and pick you up.

- **4/5** Bus to Festival Foods (**Friday**)
- **4/12** Bus to Walmart/Aldi’s (**Friday**)
- **4/19** Bus to Target/Trader Joe’s/Byerly’s (**Friday**)
- **4/26** Bus to Cub/Arc’s Value Village/Dollar (**Friday**)

Events & Outings Sign Up:

Please be sure to sign up in advance for our bus outings. Sign-Up Book is located in the lobby.

4/3 — Lunch Out to Cowboy Jack’s (Wednesday) Bus leaves at 11:00am.

Please bring money for lunch. \$3 half pound burgers on Wednesdays!

4/17 — Lunch Out to Snuffy’s Malt Shop (Wednesday) Bus leaves at 11:00am.

Please bring money for lunch. This restaurant is in Burnsville.

4/24 — Scenic Drive to Arboretum (Wednesday) Bus leaves at 10:15am.

Join us for a café lunch! “The Eatery” features soup, salads, sandwiches and dessert. There is also an art gallery and gift shop inside.

4/29 — Lunch Out to Willy McCoy’s (Monday) Bus leaves at 11:00am.

Did you know Mondays are HALF PRICE burgers? Join us!



Easter Card Making



Photo Shoot



Our Peace Garden

Rose Garden and Areas of Beauty
– Notes shared by Gloria Helgeson

Many of our new residents may not be aware of the work and love that have gone into the garden beauty here and its background.

Around nine years ago, Nita Wunderlich a master gardener, who was then a part of the staff, applied for a grant from Ebenezer and we received it. The ground for the Peace Garden was dug up and new soil was put in. The men at Nine Mile built the raised garden beds, wooden frames and trellis. The grant also included a rose bed, which is cared for by resident Jim Smeal. It took much time and effort by many people.

The Horticulture Therapy Institute also approved the Peace Garden as a therapy garden. The Garden Club decided to plant mostly perennials. Members of the club and other Nine Milers have helped maintain it since then. So if you see residents picking weeds out of the boxes or otherwise – you know that they care.

Each year events have been held to fundraise for fertilizer, replanting, new soil, the maintenance to keep it up. We are grateful, as residents and friends have been generous this year too. We can all be proud of the floral beauty here. Last year a program was held to re-dedicate the Peace Garden and renew us of its place among us.

Looking ahead, please consider joining us on our annual planting day, held this year on Thursday May 23. Meet us in the lobby at 10:00am, or out in the Peace Garden! All are welcome to participate and enjoy this time together.