#### **New Residents**

Please be sure and give our new neighbors a warm welcome! There are so many opportunities to meet your neighbors in the dining room and as you join in our daily activities.



**Marilyn O** 

We look forward to meeting you!

#### **Resident Ambassadors**

Judy D. Ginny L Sharon B Ken B Mary Lou S **Bobbie W** Avis Von E. Fran K

Here at Nine Mile we have a group of residents dedicated to welcoming our new neighbors! Please don't hesitate to contact any one of them or our Life Enrichment Director, Lauren, if you have any questions about the community or our monthly calendar.

#### **Resident Council**

Judy D. Curt C. Pat H. Ginny L Sharon B. Janet S. Pat W Mary Lou S.

Do you know that we have an active Resident Council here at Nine Mile Creek? Do you have some concerns or questions about the community or things you would like to see changed or implemented? Let your voice be heard! Feel free to contact these residents listed above if you have something in mind. Resident Council is the second Monday of each month at 2:30pm.

### **Our Management Team**



Luke L. Executive Director



Leanne O. Director of **Health Services** 



Paul A. Maintenance

Director



Tami F. Marketing



Director

Charlie W. Culinary Director



Lauren M. Life Enrichment

Director



**Brigette P.** Resident Services Coordinator



### August 2025 Newsletter

2301 VILLAGE LANE, BLOOMINGTON MN 55431

(952)-888-0731

#### A NOTE FROM OUR LIFE ENRICHMENT DIRECTOR

#### **Grocery Store Outings:**

We will shop at the following locations this month:

8/1 Target/Trader/Byerly's 8/8 Cub/Arcs Value/Dollar Tree 8/15 Walmart/Aldis 8/22 Festival Foods 8/29 Cub/Arcs Value/Dollar Tree

#### **Game Time:**

Check the calendar for programs that fall on alternating weeks.

Mondays: Crosswords at 3:30

Cards "500" at 6:00

Mexican Train at 10:30 **Tuesdays:** 

> Billiards at 3:30 Bridge Club at 6:00

Wednesdays: Penny Poker at 3:30

Thursdays: Cribbage Club at 1:30

Wii Bowling at 2:30 Bingo at 3:30

Fridays: L/R/C Dice Game at 3:30 Cribbage Club at 6:00

Saturdays: Rummikub at 1:30

Hello all!

August marks the last month of summer. We have sure had a warm summer so far.

We have many opportunities this month, some of which are new to our calendar. We will have

our first Veteran's group as well as a Community Outreach group. Also, our Vision Loss Support Group will meet again in August.

As for bus outings, we have no shortage of options! We will be going for a walk at Moir Park, Lunch at Perkins, Picnic Lunch in Prescott WI, Lunch at the Arboretum, Twin's Baseball Game and a Let's Go Fishing Boat Outing! Please be sure to take a close look at the following pages so you don't miss out!

One change that I would like to be sure to highlight is that the location for Book Club has changed to the 2nd Floor Event Center for this month.

Also... you asked and we heard you ... Ladies of Nine Mile, please join us for our first Ladies - Only "JULIET" Luncheon on Friday, August 22 at 11:30 in our Main Dining Room. This event falls on the same day as our ROMEO Men's Grill In. Anyone who does not wish to attend either event is of course welcome to get their meal "to - go." Please be sure to sign up!

See you soon! Lauren Mielzarek (952) 346-9574



#### **Monthly Activities**

Calendar Planning What's Happening? We will meet on the first Monday of the month at 10:30am in the Event Center. Bring your ideas, let us know what you would like to see on the calendar. YOU are what makes this possible so please share with us!

Book Club is on the 2nd Tuesday of each month at 12:45pm in the 2nd Floor Event Center.

Chat with Chef is on the 2nd Wednesday of each month at 10:30. This is a great opportunity to share your comments with our Culinary Director Charlie. Please attend, your feedback matters!

Coffee Talk is the 3rd Monday of each month at 10:30 in the Club Room. Let's get together and meet our neighbors! Coffee and treats will be served.

Men's Group is the 4th Monday of each month at 10:30 in the Club Room, join us for a sweet treat and casual conversation with the other men of Nine Mile Creek.

Town Hall is a monthly meeting where you can learn what's going on in our community. This month Town Hall is on Tuesday, August 26 at 3:30pm in the 2nd Floor Event Center.

#### \*NEW\* Veterans Group

#### Monday, August 11 at 10:30am

Join us in the Event Center. Brian Holly from Accent Care will be here to meet with our Nine Mile Veterans. Please contact Lauren with any questions.

#### \*NEW\* Community Outreach Committee Meeting

#### Friday, August 22 at 2:00pm

Join us in the Event Center for our first meeting to discuss opportunities to give back to our community. Feel free to bring your ideas, everyone is welcome to attend!

#### **Jeopardy Trivia is back!**

#### Tuesday, August 12 and 26 at 2:00pm

Join us in the Event Center for some casual trivia fun! We play this together as one big team, no pressure! We call out our guesses and learn something new! Categories this month include: • The Film's Plot • '70s Anagrams • The Missing Color • Hairstyles • News of the 1990s • Medicine • Let the Sun Shine • Four-Letter Words • Chillin' & Grillin' • Americans Abroad • World Travel • August • Geography • Night at the Movies • Potpourri • Sounds of Summer • Shades of Red • State Secrets

#### **Lifelong Learning - MacPhail Music with Instructor Andrea Leap**

#### Tuesday, August 19 — Event Center

"Music and Social Dance" — Each decade since the 50s has seen the evolution and popularity of different dance styles thanks to the music of the time. We'll take a look at the music that fueled the dance venues through the decades.

#### **Armchair Travel to Kansas**

#### Friday, August 1 at 2:00pm, 4th Floor Theatre

The landlocked state of Kansas is located on the Great Plains in the Midwestern region of the United States. It is bordered by Oklahoma to the south, Nebraska to the north, Missouri to the east, and Colorado to the west. Its name comes from the Indigenous American Kanza (or Kansa or Kaw) people and means "people of the south wind." Known for its beautiful landscapes, its unpredictable weather, and as the home of Dorothy from *The* Wizard of Oz, Kansas is our travel destination this month.



#### Celebrity of the Month: Melissa McCarthy

#### Friday, August 8 at 2:00pm, 4th Floor Theatre

Melissa McCarthy is an American actress and comedian. Beginning her career in the Los Angeles and New York comedy scenes, McCarthy has gone on to star in several films and television shows ranging from comedies to dramas, becoming one of the most well-regarded and highestpaid actresses in the world.









#### **Celebrity: Judy Garland**

#### Friday, August 29 at 2:00pm, 4th Floor Theatre

Judy Garland was an American actress and singer best known for her role as Dorothy Gale in *The Wizard of Oz* (1939). Beginning her career as a child in vaudeville, Garland would go on to become one of the most successful and beloved performers in the world, famed for her powerful singing voice. Despite her success, Garland struggled with romance and addiction, dying of an accidental overdose at the age of 47.



#### A Message from Our Chaplain

When Grandma visits for a weekend, you can be sure of at least a couple things. First, there will be baking—cookies, bars, or brownies, and sometimes all three! But just as importantly, every night that she is with us, after supper, we will all pile together onto the living room couch and watch an old episode of *Mister Rogers' Neighborhood*.

The popular PBS children's program was on the air for decades, from the late 1960s to early 2000s. Over the years and to this day, it has touched the lives of millions of children and their families. At the heart of it all was Fred Rogers. He made it his life's work to meet people as they were, whoever they were.



Mr. Rogers' presence on screen is powerful. When he speaks, it feels like he is speaking directly to you. In fact many times my children can't help but respond to him as if having a real-live conversation. (I catch myself doing it too!) At the end of every program, he'll turn one more time to the camera. His wording is a little different each time but his parting message is always consistent. "There's no one in this whole wide world just like you," he'll say, "and I like you just the way you are!"

Perhaps our greatest purpose in life is to prepare a way for the generations who come after us. There are many grand ways in which we can leave behind a legacy for others. But more often than not, the gifts that endure the longest happen by way of small things and simple moments that we share with those we love. That's probably why I cherish those nights watching Mr. Rogers with my children. Long into the future, I hope that my children will remember those moments and love's timeless message:

No matter who we are or who we might become, we are loved and lovable, just as we are.

~ Chaplain Craig Simonsen

#### **Resident Support Group**

#### Thursdays at 10:30am

We will meet in the 1st Floor Club Room. All are welcome to join. It's not easy getting older! Among the many transitions and changes in our lives, join us as we share our stories and listen together. We practice privacy and confidentiality, everything that is shared stays within the group.



#### **Spiritual and Religious Services**

- Bible Study & Coffee with Chaplain Craig: Thursdays at 9:00am.
- Catholic Communion: Thursdays at 10:00am, led by volunteers from Nativity of Mary Church.
- Church Service: Non-denominational, Thursdays at 1:00pm with Chaplain Craig

#### **Events & Outings Sign Up:**

Please be sure to sign up in advance for our bus outings. Sign-Up Book is located in the lobby.

## 8/5 Bus Trip to Moir Park For a Walk at Nine Mile Creek

Bus leaves at 10:00am. We will be driving the bus to Moir Park. Please be prepared to do some walking.

#### 8/13 Lunch Out at Perkins Restaurant

Bus leaves at 11:00am. Please bring money for lunch.



### 8/19 Prescott Wisconsin Scenic Drive and Picnic Lunch

Bus leaves at 10:00am. We are driving to the Great River Road Visitor Center in Prescott. Boxed picnic lunch will be provided by Nine Mile Creek culinary. Meal charge will be seen on your next billing statement.



Bus leaves at 10:00am. We will the scenic three mile drive as well as a café lunch. Please bring money for your lunch purchases.

#### 8/21 Bus Outing to Twin's Baseball Game

Bus leaves at 10:45am. A reminder will be sent out to those who signed up last month. Please bring money to pay for food at the stadium.



#### 8/26 Let's Go Fishing Boat Trip

Bus leaves at 9:00am. Please be sure to sign up, we recommend you bring a hat! Boxed picnic lunch will be provided by Nine Mile Creek culinary. Meal charge will be seen on your next billing statement.









#### **Root Beer Float Social**

#### Wednesday, August 13 at 2:00pm

Join us for our annual Root Beer Float Social, this year we will have live entertainment with Malt Shop Melodies!

Tap your foot and twist your way back to the 50s and 60s. Sing along to songs like Blue Suede Shoes, Peppermint Twist, Where the Boys Are, Lipstick on Your Collar and Jailhouse Rock.



#### **Car Show and Food Truck Fun (State Fair Day!)**

#### Wednesday, August 27 at 10:30 am

Come admire a stunning lineup of vintage and classic cars! Meet passionate car enthusiasts and enjoy a stroll down memory lane. The Southern Cruzers Car Club will meet us out in the southwest parking lot. Hotbox Food Truck will be serving Gourmet Mini Donuts, All-American Hot Dogs, and Fresh Squeezed Lemonade. Cash and credit card are accepted.





#### **Resident Birthdays**



# August Birthdays!

Please join us on Friday, August 15 to celebrate all of our birthdays this month. Everyone is invited and encouraged to attend the party! We will share a song, cake from the kitchen and good company.

Karen K.
Mary Lou T.
Mary Lee J.
Angie D.
Bud B.

#### **Entertainment Lineup**

8/6 Concert & Cookies — Music with Steve & Cathy from Summit

"Under the Hat & Over the Keys" Sing Along Show Trombone, keyboard & Voice

8/13 Root Beer Float Social — Malt Shop Melodies
We will enjoy some favorites from the 50s and 60s!

8/20 Concert & Cookies — Piano Music with John Bury

8/27 State Fair Happy Hour — Music with Matthew Schmitz

Join us for some Sinatra-type music and the great American songbook.

Yes you read that correctly, John our Piano Man is back this month!





#### \*NEW\* JULIET Women's Luncheon



#### Friday, August 22 at 11:30am — 1st Floor Dining Room

Calling all Nine Mile Women, meet your friends for a ladies lunch! If you are not on a meal plan you will see the charge on your next billing statement. Kindly RSVP in the lobby book. More details about our menu to come, see Lauren with questions.

#### **ROMEO Men's Steak Grillin'**

Friday, August 22 at 11:30am — 2nd Floor Event Center

Calling all Nine Mile Men, meet your neighbors for a steak lunch. Please be sure to RSVP in the lobby book. There is an upcharge for the steaks.

