


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 2:00pm Movie & Popcorn (TH) 2:30pm-4pm Coffee, Cookies & Chat (EC) 3:30pm Pool (CR)	18 8-10am Hot Breakfast (DR) 9:30am Exercise w/Juliet (EC) 10:30am Needlework, Coloring & Chat (CR) 2:30pm Hymn Sing w/Judy (EC) 3:30pm Group Crossword (EC)	19 10:30am Bible Study (EC) 1:30pm MacPhail Music Class: Chamber Music in Film Scoring (EC) 3:00pm Music and Movement (EC)	20 9:30am Exercise w/Juliet (EC) 11:30am ROMEO Steak Grill-In (EC) 2:00pm Piano and Cookies w/John (EC) 3:30pm Penny Ante Poker (EC) 6:00pm Midweek Movie Night (TH)	21 10:00am Catholic Communion (EC) 10:45-11:15am Music and Movement (EC) 11:30am Schwans Delivery (LB) 1:00pm Community Worship Service w/Chaplain Craig (EC) 2:30pm Bible Study w/Chaplain Craig (CR) 2:45pm, 3:15pm and 6:30pm Wii Bowling (EC)	22 10:30am Lets Get Acquainted (EC) 1:00pm Gentle Movement w/Micki (EC) 1:15pm Van to Festival Foods (LB) 2:30pm October Birthday Party (DR)	23 9-10am Coffee & Muffins! (EC) 1:30pm Rummikub (EC) 2:00pm Movie & Popcorn (TH)
24 2:00pm Movie & Popcorn (TH) 2:30pm-4pm Coffee, Cookies & Chat (EC) 3:30pm Pool (CR)	25 8-10am Hot Breakfast (DR) 9:30am Exercise w/Juliet (EC) 10:30am Needlework, Coloring & Chat (CR) 2:30pm Town Hall Meeting (EC) 3:30pm Group Crossword (EC)	26 10:30am Bible Study (EC) 1:30pm MacPhail Music Class: Jazz and the French New Wave (EC) 3:00pm Music and Movement (EC)	27 9:30am Exercise w/Juliet (EC) 10:30pm Travel/Walking Club: Exploring Germany (TH) 2:00pm Apple Tasting Happy Hour- Halloween Costume Contest (DR) 6:00pm Midweek Movie Night (TH)	28 10:00am Catholic Communion (EC) 10:45-11:15am Music and Movement (EC) 1:00pm Community Worship Service w/Chaplain Craig (EC) 2:30pm Bible Study w/Chaplain Craig (CR) 3:30pm BINGO for Prizes (EC)	29 10:30am Mens Group (EC) 1:00pm Gentle Movement w/Micki (EC) 1:15pm Van to Cub/Arc's Valu Village/Dollar Tree/Walgreens (LB) 2:30-4:30pm Halloween Candy Scavenger Hunt	30 9-10am Coffee & Muffins! (EC) 1:30pm Rummikub (EC) 2:00pm Movie & Popcorn (TH)

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2:00pm Movie & Popcorn (TH)
2:30pm-4pm Coffee, Cookies & Chat (EC)
3:30pm Pool (CR)



Apple Tasting and Halloween Costume Contest

Come to the Dining Room on Wednesday, October 27th at 2:00pm for Apple Tasting, hot apple cider and a Halloween Costume Contest! Everyone who dresses up will get a prize but the best costume gets something special!



Halloween Candy Scavenger Hunt



On Friday, October 29th meet Elise in the 2nd Floor Event Center anytime between 2:30-4:30pm to receive clues about where the hidden candy is! Elise will be hiding bowls of candy around the building for you to find with hints! Once you find a candy bowl, take a piece and move onto the next hidden treasure (get your exercise in while you're at it)!

Resident Council Members

Chris G (Apt 107)
Judy D (Apt 108)
Pat H (Apt 111)
Fran K (Apt 208)
Bea S (Apt 310)
Ginny L (Apt 312)
Sharon B (Apt 326)
Mary Lou S (Apt 405)


Please have any requests/ comments to them by Oct. 11th



Walking/Travel Club Goes to Germany!

Wed. 10/27 at 10:30am (EC)

Keep track of your weekly steps, turn them into Janice and join us for a celebration at the end of the month as we learn about the culture of Germany! Everyone is invited!



October

*Be present.
Let the day flow with grace.
Expect joy. Be positive.
Serve with compassion.
Speak only kindness.
Impart only love.
Never forget you're not alone.
Give thanks for everything.
See goodness in others.*

MARY DAVIS

