






Classical Music Month
FALL back into fitness- it's never too late!

Apple Season





<p><u>Hallway Weekly Activities</u></p> <p>Monday: Variety Tuesday: Exercise Wednesday: Happy Hour Thursday: Exercise Friday: Games</p>	<p>Van Drives</p> <p>Enjoy a scenic drive around Edina and the Minneapolis lakes with your friends! *Masks required- sign up at the front desk*</p> 	<p><u>Schedule for Activities</u></p> <p>4th Floor --> East Wing 12:30-1:00pm West Wing 1:00-1:30pm 3rd Floor --> East Wing 1:45-2:15pm West Wing 2:15-2:45pm 1st and 2nd Floor --> East Wing 3:00-3:30pm 2nd Floor --> West Wing 3:30-4pm</p> <p>*We will notify on the daily happenings if times changed*</p>	<p>Virtual Reality</p> <p>It creates a 360 degree immersive experience in which you will be able to travel all over the world from the comfort of your chair!</p> 	<p>Community Worship Service (TH)</p> <p>Chaplain Beth put together a virtual worship service that will be shown in the 4th Floor Theatre!</p> 
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Help us celebrate the Holidays!</u></p> <p>Labor Day (9/7)- yearly national tribute to the contributions workers have made to the strength, prosperity and well-being of our country. National Day of Service and Remembrance (9/11)- Americans are called to volunteer in their communities as a tribute to our heroes who have risen in service to defend our freedom. International Day of Peace (9/21)- Recognizing the efforts of those who have worked to end conflict and promote peace.</p>		<p>1</p> <p>Nita's Virtual Garden Party (4th Flr Theatre) 12:30pm and 2:30pm Hallway Exercise "Just saw 3 people jogging outside and it inspired me to get up and close the blinds!"</p>	<p>2</p> <p>Nita's Virtual Garden Party (4th Flr Theatre) 12:30pm and 2:30pm Hallway Happy Hour Sit outside the hallway at the allotted times and socialize with your neighbors! <u>Cheese, crackers, fruit</u> <i>Conversation Topic: What is your favorite family tradition</i></p>	<p>3</p> <p>Hallway Exercise "I put my scale in the corner today and it will stay there until it apologizes!" Community Worship Service (TH) 12:30 and 2:30pm *Schwans is here today!</p>	<p>4</p> <p>Bowling Practice your bowling skills with your neighbors and try to get the highest score!</p>	<p>5</p> <p><i>Did you know?</i> <i>Vivaldi, the renowned Baroque violinist and composer, became a Catholic priest at age 25. He was nicknamed "The Red Priest" because, cleverly, he was also a redhead.</i></p>
<p>6</p> <p><i>Did you know?</i> <i>The London Symphony Orchestra was booked to travel on the Titanic's maiden voyage, but they changed boats at the last minute.</i></p>	<p>7</p> <p>Labor Day Let's celebrate this holiday by guessing your neighbors past careers!</p>	<p>8</p> <p>Hallway Exercise "I really think tossing and turning at night should be counted as exercise!" Edina Van Drive (12:30 and 2pm) *Sign up at the front desk!</p>	<p>9</p> <p>Hallway Happy Hour Sit outside the hallway at the allotted times and socialize with your neighbors! <u>Cookies</u> <i>Conversation Topic: If you were going to bury a time capsule, what would you put in it?</i></p>	<p>10</p> <p>Hallway Exercise "My favorite exercise is a cross between a lunge and a crunch. It's called 'lunch!'" Edina Van Drive (12:30 and 2pm) *Sign up at the front desk</p>	<p>11</p> <p>National Day of Service and Remembrance To honor this day, we will have live patriotic music by Darlin' Jesse! Staff will be handing out cards to write a thank you to our Bloomington First Responders!</p>	<p>12</p> <p><i>Did you know?</i> <i>Wolfgang Amadeus Mozart composed over 600 pieces during his lifetime including his first opera written at the age of eleven. He wrote his first symphony music at the age of 8 while an Opera at the age of 11.</i></p>

