

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 National Grandparent Day You will receive a packet of questions to fill out about your life history you can pass down to your grandkids!	14 Virtual Reality You will have the opportunity to be virtually transported to a different place using headsets and specially designed 360-degree videos from nature!	15 Hallway Exercise "I'm in shape. Unfortunately it's the wrong one!" Minneapolis Lakes Van Drive (12:30 and 2pm) *Sign up at the front desk!	16 Hallway Happy Hour Sit outside the hallway at the allotted times and socialize with your neighbors! <u>Apple Tasting Event</u> <i>Conversation Topic: If your life was a novel, what would the title be?</i>	17 Hallway Exercise "I have to exercise early in the morning before my brain figures out what I'm doing!" Community Worship Service (TH) 12:30 and 2:30pm *Schwans is here today!	18 Trivia Test your knowledge by guessing a person, place or thing with clues! Minneapolis Lakes Van Drive (12:30 and 2pm) *Sign up at the front desk!	19 Did you know? <i>Beethoven was entirely deaf by the time he wrote his 9th Symphony -- considered to be one of his greatest works.</i>
20 Did you know? <i>A single violin is made from over 70 individual pieces of wood.</i>	21 International Day of Peace Sit by your open window and enjoy a live outdoor music concert from Natalie; an experienced violinist! <u>Time: 1:00-2:45pm</u>	22 Hallway Exercise 	23 Hallway Happy Hour Sit outside the hallway at the allotted times and socialize with your neighbors! <u>Birthday Celebration</u> (for all those who have had birthdays during COVID) <i>Conversation Topic: If you could spend one day in someone else's shoes for a day, who would it be and why?</i>	24 Hallway Exercise 	25 Try not to laugh... Join other residents in the 4th Floor theatre for a funny video compilation including babies, animals and people-promised to be a mood booster! Sign up for a time slot in the lobby!	26 Did you know? <i>Haydn didn't like people falling asleep during his concerts, so he wrote the Surprise Symphony. It is quiet and relaxing until the end when the music gets louder and ends with bang!</i>
27 Did you know? <i>Havergal Brian's Symphony No. 1, the 'Gothic', requires over 800 musicians to perform, including 82 string players.</i>	28 Good Neighbor Day We will be passing around cards to write affirmations to your neighbors! You will also get candy for being a GREAT neighbor!	29 Hallway Exercise "The only exercise I get is letting my imagination run wild!" 	30 Hallway Happy Hour Sit outside the hallway at the allotted times and socialize with your neighbors! <u>Spiked Hot Apple Cider and Caramel Apples</u> <i>Conversation Topic: If you could teleport anywhere in the world, where would you go?</i>	31 Hallway Exercise "I wish I could drop my body off at the gym and pick it back up when it's ready!" *Schwans is here today!	Happy Birthday Char Lowery 3rd Gerry Bradford 7th Russ Lee 10th Bonnie Glad 12th Lois Kruger 13th Bill Smith 16th Don Lunke 22nd Lorraine Erie 29th  SEPTEMBER BIRTHDAYS	

